

WHAT IS RELAY FOR LIFE?



Unique, challenging and fun way to raise awareness of cancer and the work of the American Cancer Society and to raise money for the American Cancer Society.



Involves teams of 8 - 15 walkers or runners who can compete against each other to raise the most money and travel the most miles around a track for 24 hours (or as long as your community event is scheduled).



One member of each team must be on the track for the entire 24 hours (or however long your community event runs is scheduled).



Relay usually begins on Friday evening around 5 – 6 pm or Saturday morning around 11:00 (check your community event for times). Each event is tailored around what works for the community where it is taking place. So, they differ in some ways from event to event but each event must have an opening, closing and luminaria ceremony. Each event must have a lap honoring survivors (usually the opening lap) and caregivers. Each event must be overnight.



At dusk or around 9:00 p.m. a luminaria ceremony is held to honor survivors and remember those who lost their battles against cancer. Luminaria are bags with a candle in them dedicated to someone who has or had cancer.



While Relay is going on, a community party atmosphere is created by team members camping out, enjoying entertainment, food, games and camaraderie.



A team registration fee of \$10 per person is charged and each team member is asked to raise a minimum of \$100 from donors prior to the event.



Often, incentive prizes are awarded to those who raise more than the minimum. Awards are also given out to recognize team fundraising, spirit, campsite themes, etc. Awards differ for every event.