



The American Cancer Society's RELAY FOR LIFE of the WINDHAM AREA

Relay Rules & Emergency Contact Form

We're glad you have decided to participate in this year's American Cancer Society Relay For Life of the Windham Area. We hope you'll have a great time as you raise money to help fight cancer. For safety's sake, and to keep the event running smoothly, it is important that we agree on some basic ground rules.

Please make sure that all of your team members are aware of the following rules.

RELAY RULES

NO PETS – NO ALCOHOL – NO GLASS CONTAINERS – NO BICYCLES

NO SKATEBOARDS – NO ROLLERBLADES - NO SMOKING –NO DRUGS!

- 1) **Respect** - Many people of all ages and medical conditions will be sharing the same space at Relay, so it's important to act respectfully. We especially ask for your cooperation during the luminary ceremony, which is a time to reflect and remember. Please be respectful to those who have lost loved ones.
- 2) **Responsibility** - Your team Captain (or Chaperone) is responsible for you, and must know where you are at all times. Please make sure you inform your captain as to your whereabouts. If necessary, teams may have sign in/out forms.
- 3) **Special needs?** Please inform us if you have any special medical conditions that we should know of.
- 4) **Label your belongings** – Keep all valuables at home. Keep your things safe by labeling all your belongings. When you are ready to leave, please double-check your area and check in with your team captain. Keep your money on you! There will be food on sale, as well as a basket raffle and Gear Store.
- 5) **Parents are Responsible For CHILDREN AT ALL TIMES. Children are Responsible For PARENTS AT ALL TIMES.** We mean it! Please look out for one another. Keep each other in sight. Relay is not a daycare center for anyone. Help us to minimize lost, lip-quivering, tear-streaked, sobbing and pouty-faced Relayers (and those are just the adults we're talking about...) Security and First Aid will be available around the clock.
- 6) **CURFEW FROM 11pm – 5am** - : Walkers under the age of 18 may not enter or leave the Relay area unless accompanied by a parent or chaperone. Wristbands must be worn at all times. (Wristbands are obtained by handing in signed permission forms and securing at minimum of \$100 in donations, not counting luminaria. Please continue collecting to hit the \$125 per person goal. Wristbands will be distributed on site day of the event provided requirements are met.)
- 7) **Walkers Safety – Please, NO PETS, BICYCLES, SKATEBOARDS OR ROLLERBLADES.** Wheelchairs and strollers are allowed on the track. Wear sturdy, but comfortable shoes or sneakers

designed for walking or running. Wear comfortable, lightweight clothing, but bring a sweatshirt, jacket and blanket for overnight. It gets cold in the evening! Bring several pairs of socks and an extra pair of shoes. Be prepared for inclement weather – bring rain gear and warm clothes.

- 8) **ZERO TOLERANCE** – Disrespectful, rude, obnoxious, offensive and /or inappropriate behavior (use of alcohol, tobacco or drugs included) will not be tolerated from anyone. Those who cannot comply with the simple requests of the weekend will be escorted from the grounds by security. If you are under 18, parents will be called to come get you no matter time of day or night. It's a tough rule, but it's for the good of all who gather to celebrate Relay. Thanks for understanding.
- 9) **Please respect our neighbors by keeping the noise level low and using only the parking and field areas designated for the Relay.** (The baseball infield, hockey/lacrosse field and track are all off limits.)
- 10) **Chaperones** – Chaperones are required for any teams that have youth (college age or younger) as team members. There must be at least 2 chaperones on the grounds during the entire Relay. During the curfew hours, there must be at least 1 chaperone in the campsite for every 10 youth (minimum of 2 at all times). At least one of the “curfew hours” chaperones must be 25 or older. Other chaperones must be 21 or older. Chaperones are responsible for the youth on their team and must know where they are at all times. Chaperones are responsible for making sure youth adhere to Relay rules & policies. Chaperones must sign an agreement form and at least one chaperone from each youth team must attend a special informational meeting with their youth team captain and agree to take that information back to the other chaperones to share.
- 11) **Campsite** – Please set up in your designated campsite location only. Clearly mark all stakes, pegs and tent lines. Keep in mind that campsite space is limited. Cooking is allowed, but no electrical plugs are available. **DO NOT PLUG ANYTHING INTO A FOUND OUTLET WITHOUT AUTHORIZATION.** Campfires and grills must be in safe containers that are at least 1 foot off the ground. You must have water or an extinguisher in case of problems. No fire is to be left unattended. Please keep your area clean. No glass or breakable containers.
Campers and RV's must be 21' or smaller (no exceptions). They may not be brought to the site until Saturday morning. (No Friday night drop-offs allowed this year.)

Youth Area Tents: if a co-ed team, separate tents for males & females must be brought OR the tent must have flaps in wide open position or have an open-air side. There must be a chaperone in the camping area during ‘curfew hours’.

Campsites will be issued based upon # of registered campers that are staying overnight. Youth & College teams must have chaperones (forms turned in by bank night) and emergency contact team roster form (turned in by bank night). Youth & College team captains must have collected the required \$100 (not including Luminaria) and the signed agreement form from each individual youth team member in order for them to receive their wristband to camp overnight. All forms and collected monies must be turned in by bank night to meet the requirements. Wristbands will be distributed on site if requirements are met by bank night. Campsite registration will take place at Captain's Meetings prior to the Relay. Campsites are limited in number and space.

COLLEGE & YOUTH TEAMS : NO FORMS = NO CAMPSITE

All teams must be registered for a campsite by Bank Night. No campsites will be issued at the event. No campers will be allowed on site if not registered by Bank Night.